

Overview

This programme provides non-specialist responders with foundational knowledge, practical skills, and confidence to recognise and respond to common emergency situations until professional emergency services arrive. It covers the role and limitations of the lay first aider, scene safety, activation of emergency services, the DRSABC approach, adult cardiopulmonary resuscitation, safe use of an automated external defibrillator (AED) trainer, the recovery position, choking, bleeding, shock, stroke and anaphylaxis.

Recognitions

This is a new programme submitted for accreditation with the Malta Further and Higher Education Authority (MFHEA) – application dated 9th May 2026. European College of Innovation (ECI) holds MFHEA licence number 2023-006. Not yet an approved qualification at the time of writing; pending accreditation.

Regulatory Information

Qualification Title	Award in Emergency First Aid
Duration	1 month (30 days) – Part Time
Hours of Total learning	25 hours
Contact / Self-Study / Assessment Hours	5 contact hours + 15 self-study hours + 2 assessment
Supervised Placement	3 hours
Target Audience	19 – 65+ years (minimum age 18)
Target group	General public; employees and workplace first aiders; supervisors and managers; educators; community workers; persons in customer-facing or care-facing roles
Total Credit Value	1 ECTS
Assessment Methods	MCQ (70% pass mark, 100% weighting) plus mandatory pass/fail observed practical participation
Language of Assessment	English
Structure of Programme	Part Time
Delivery Mode	Delivery Mode

Course Structure

Unit Title	MQF	ECTS
Emergency First Aid	3	1

Assessment Procedure

Assessment consists of a summative multiple-choice question (MCQ) exam, weighted at 100% of the graded assessment, with a 70% pass mark. Learners who don't meet the pass mark may be offered one resit following feedback.

Separately, all learners must complete mandatory observed practical participation (pass/fail, non-graded), demonstrating safe engagement in scene safety, emergency activation, CPR positioning, AED trainer use, and appropriate first aid responses. A learner showing unsafe practical conduct must repeat the relevant activity before certification.

Certification is awarded only once both the MCQ pass mark and safe practical participation are achieved.

Entry Requirements

In order to be eligible to follow this programme of study, learners should be in possession of the below:

- Minimum age 18 years.
- Sufficient English language competence to follow instructions, participate in discussion, and complete a basic MCQ assessment (verified via prior education in English, prior employment using English, or a recognised English qualification broadly equivalent to CEFR B1).
- Ability to participate safely in practical simulation activities (reasonable adjustments considered where appropriate).

Term & Dates

January, April, July, October, Tailored